



LFWI: Public Affairs Sub Committee Food Allergies

Date: Wednesday 8th November 2017

Time: 2.00 – 4.00

Venue: Bolton le Sands Village Hall, Packet Lane, Bolton le Sands, LA5 8DW

Cost: £8.00 including refreshments (Jane Phythian from Croston WI will be providing a tasting of Gluten free items)

Speaker: Ann Nicholson

Are you, or do you know someone, who is allergic to wheat or intolerant of lactose. Do you know the difference between allergic and intolerance? What is Coeliac Disease? How does it affect a person? What is gluten?

Ann Nicholson is a retired Health Visitor and a Member of Coeliac Society and she will share her knowledge and personal experiences of the subject in this afternoon session.

There will be plenty of practical advice from what to look out for on food labels when shopping, what refreshments to provide in your meeting if you have a member with Coeliac Disease and what to do if someone has an allergic reaction.

When booking please let us know if you have any special dietary requirements

Please complete the form below and return to the Federation Secretary, LFWI, Croston House, Lancashire Business Park, Centurion Way, Leyland, PR26 6TU, or complete the on line application at www.lancashirewi.org.uk

Closing date: Thursday 12th October 2017

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WISecretary

Address Postal Code

Telephone Email

Number of members wishing to attend:

Please return this form to: LFWI Offices, 8 Croston House, Lancashire Business Park, Centurion Way, Leyland, PR26 6TU.

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